

We offer treatment for:

- Anxiety Disorders
- Depression
- Bipolar Disorder
- Physical/Sexual Abuse
- Marital/Couples Conflict
- Loss/Bereavement
- Eating Disorders
- Aging Issues
- Divorce/Separation
- Gay/Lesbian Issues
- Work-Related Issues
- Women's/Men's Issues
- Child/Adolescent Issues
- Elder Issues
- Stress Management
- Anger Management
- Communication Building

Our services include:

- Individual Therapy
- Couples Therapy
- Family Therapy
- Pharmacotherapy
- Employee Assistance (EAP) Services
- Consultation to Primary Care Physicians
- Collaboration with Managed Care Companies
- Consultation to Business and Industry
- In-service Training



200 Professional Drive • Scarborough, ME 04074
Tel: (207) 883-0711 • Fax: (207) 883-2204

INTEGRATED
BEHAVIORAL HEALTHCARE, INC.

www.integratedbehavioralhealthcare.com

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Growing Through Challenges

CHALLENGES

People say the most important part of any job is the beginning. In our specialty, it's often someone's family member, friend, or employer who sets our work in motion by suggesting that there is a place that can help.

Our work begins with helping people make changes for the better. We treat children, adolescents, adults, elderly, couples, and families.

Integrated's group of caring, expert professionals seeks to help our patients make the journey from a point of less desirable feeling and functioning to a point where they live happier, more comfortable, and more fulfilling lives.

For you, a family member, or an employee, this may be the right time to begin.

SOLUTIONS

The thought of having "a problem" may make you a bit anxious. Many people feel that way. But it's important to recognize unmanageable or destructive behavior or emotions for what they really are: problems are opportunities in disguise.

It's equally important to know that behavioral and emotional problems can be successfully treated.

Integrated Behavioral Healthcare, Inc. is a Maine-based organization managed by a physician. As your welfare is our bottom line, the professional and administrative staff are committed to providing you with the help that will make a difference in your life.

Our Vision

Integrated will be the premier, private, interdisciplinary behavioral healthcare group, setting the standard for clinical and administrative excellence in Maine.

Our Mission

Our mission is to provide high quality, cost-effective behavioral health services including treatment, education, and consultation. Our clinical and administrative staff work together to treat all customers respectfully, compassionately, and ethically.

Our Core Values

<i>Professional</i>	<i>Accessible</i>
<i>Respectful</i>	<i>Comfortable</i>
<i>Compassionate</i>	<i>Dependable</i>
<i>Confidential</i>	<i>Coordinated</i>
<i>Ethical</i>	<i>Accountable</i>

Take the First Step

Call us today at 883-0711

Simply getting in touch with us at Integrated brings you a step closer to a solution. Let's discuss what you, your family, or your employees need to make changes for the better. Integrated accepts the most widely used insurance plans in Maine. Call us today. We can help.

OUR CLINICAL STAFF

Lynn Almon, L.C.P.C.

Donna Chamoff, APRN, BC
Psychiatric Nurse Practitioner

Gordon H. Clark, Jr., MD, MDiv,
DFAPA, CPE, FACPE

Cynthia Daniels, L.C.S.W.

Kim B. Knowles, Ph.D.

William Leschey, Ph.D.

Susan Lichtman, Ph.D.

John Millhouse, Ed.D.

Mark Shaughnessy, APRN, BC
Psychiatric Nurse Practitioner

Catherine Spedden, Psy.D.

Marianne Tarraza, APRN, BC
Psychiatric Nurse Practitioner

Mary Williams, L.C.S.W.

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